



SOLWAY SPORTIVE 2019

68km, 123km or 161km

Sunday 19 May 2019

PAPER FORM ONLY FOR ENTRIES 'ON THE DAY'



Enjoy a great day out riding along the beautiful Solway coast and countryside. Event proceeds to local good causes. Choice of a Yellow Route 68km (42miles), Blue Route 123km (76 miles) or the new Red Route of 161km (100 miles) on quiet roads. Start and Finish at Dumfries Rugby Club with parking, changing rooms, and showers post event. Feeding stations on all routes and food/drink after finishing. Electronic timing and timed certificate for all finishers. Suitable for those with a reasonable level of fitness, depending on route chosen.

- Yellow 68km (42miles) route (£25)* Dumfries- New Abbey- Dalbeattie –Haugh of Urr- Dumfries
- Blue 123km (76 miles) route (£30)* Dumfries- New Abbey- Dalbeattie –Haugh of Urr-Castle Douglas, Laurieston, New Galloway, Balmaclellan, Corsock, Crocketford, Milton, Lochfoot, Dumfries
- Red 161km (100 miles) route (£35) * Dumfries – New Abbey – Dalbeattie, Haugh of Urr, Castle Douglas, Laurieston, New Galloway, Cairnsphairn, Knowehead, Dalry, Balmaclellan, Corsock, Crocketford, Milton, Lochfoot, Dumfries

*** (Note £5.00 extra for entries on the day.)**

Venue HQ: Dumfries Rugby Club, New Abbey Road, Dumfries, DG2 7LU
Registration: from 8am until 10.00am
Start Times: All routes 8.30am to 10.00am. All times are approximate.

You will need a bike, appropriate clothing, including helmet, adequate food and water plus a bike repair kit.

If you are riding an electric bike please tick this box.

First Name: Last Name:.....
PLEASE WRITE CLEARLY IN BLOCK CAPITALS

Date of Birth:..... Age on the dayMale/Female:.....

Town of Residence:.....Post Code:.....

Mobile Phone Number:Telephone Number:

Club/Team:

Emergency Contact Name: Emergency Contact Phone Number:.....

DECLARATION

I declare that the information on this form is complete and correct. I understand that I participate in this event entirely at my own risk, that I must rely on my own ability in dealing with all the hazards and that I must ride in a manner which is safe for myself and others. I am aware that when riding in an event and particularly when riding on a public road the function of the Marshals is only to indicate direction and that I must decide if the movement is safe. I agree that no liability whatsoever shall be attached to the organisers or persons acting on behalf of the organisers in respect of any injury, loss or damage suffered by me on or by reason of the event, however caused. I have read and agreed these conditions together with the Terms and Conditions as set out overleaf.

Signatures (if entrant is under 18 years parent/guardian consent is required. No unaccompanied entrants under 16 years)

Entrant:Date:.....

Parent/Carer:

Enter on line via www.sientries.co.uk

Any questions contact betty.howard41@btinternet.com or Phone 01556 610998.

On-line entries close Thursday 16 May. Maximum entries 350.

***Organised by the Rotary Club of Dumfries Devorgilla,
and Dalbeattie Community Initiative.***

Terms and Conditions

As a Condition of Entry participants must abide by the following code:

- The event takes place on the open road and strict adherence to the Highway Code is required.
- Participants will be responsible for the road worthiness and safe working order of their own cycle.
- If the event is to be held in poor or little light, then front and rear lights must be used and must have adequate battery life for the duration of the event.
- The use of triathlon handlebars or other bar extensions is not permitted.
- The use of Headphones is not permitted.
- The use of electric bikes is permitted.
- No accompanying vehicles are allowed to follow riders. Vehicles drawing alongside riders for the purpose of passing food, water, giving instructions etc. while on the move is strictly forbidden.
- This event is not a race or trial of speed, but a personal challenge and as such there will be no list published which sorts riders in finishing position order.
- The Wearing of Helmets is Compulsory.
- All participants under the age of eighteen shall have had a consent form completed by their parent/carer. A parent or carer must accompany riders under the age of sixteen.
- Participation in this event is entirely at the rider's own risk. Participants must rely on their own ability in dealing with all hazards, and must ride in a manner which is safe to themselves and others.
- Riders who withdraw from the event must report to the Event Organiser, whose telephone number will be provided at registration.
- Participants must aim to complete the event by 17.00. If the organisers decide that the participant will not be back within that timeframe they will offer the participant a lift back to base. If the participant declines this offer then the participant must surrender their timing chip and make their own way back to the finish.
- Failure to follow the above code will result in removal of that individual from the event.
- **Note that an event photographer may be operating at the Start/Finish and on the course. If for any reason you do not wish your photograph to be published, please inform the organisers at the event.**
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